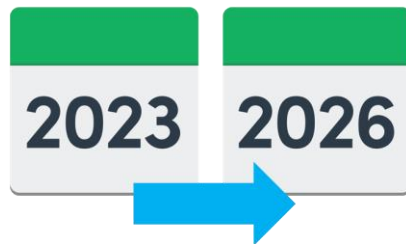


# Angus Health and Social Care Partnership



## Strategic Commissioning Plan 2023 to 2026



## Easy Read

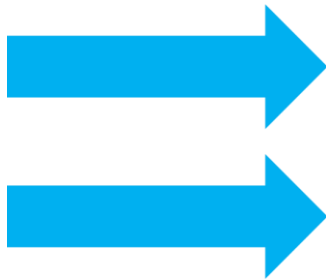


## About this document



This is an Easy Read document.

It is called the Angus **Strategic Commissioning Plan**.

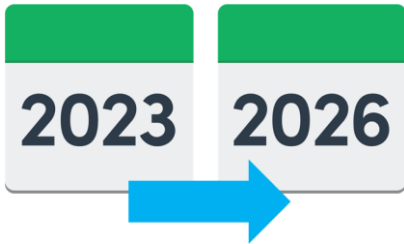


A **strategic commissioning plan** sets out what an organisation wants to do over a few years.



**Angus Health and Social Care Partnership** give care and treatment to the local communities in Angus.

# About the Strategic Commissioning Plan



This plan is for 2023 to 2026.



The plan says how services will work to keep giving the best services we can to people in Angus.



The plan focuses on people's health and social care needs.

## People who helped to write this plan

These people helped write our plan:



- Angus Health and Social Care Partnership staff
- people who live in Angus
- families and carers
- organisations that work with people in Angus
- health and social care organisations

## About the services in this plan



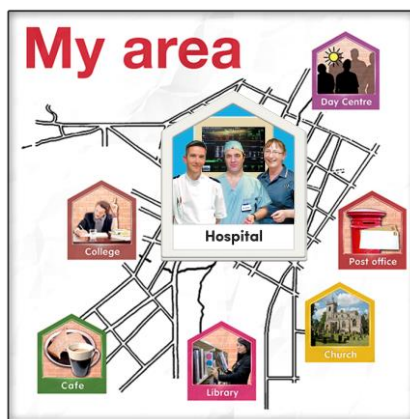
Some of the services in this plan are:



- adult and older people's social work



- community health services



- **community hospital services**

**Community hospitals** are small hospitals in local areas, for the local people.



- support for **unpaid carers**

**Unpaid carers** are people who care for a family member or friend, without being paid.

## About the people who live in Angus



Angus has 4 areas:

- North West Angus – this is Forfar and Kirriemuir areas
- North East Angus – this is Brechin, Montrose and Edzell areas
- South West Angus – this is Monifieth and Carnoustie areas
- South East Angus – this is Arbroath and Frioekheim areas



More than 1 hundred and 16 thousand people live in Angus.



1 person out of every 10 people living in Angus say they are an unpaid carer.



1 person out of every 10 people living in Angus have 2 or more long term health conditions.



Almost 2 people out of every 10 people living in Angus may have a **mental health** problem.



Your **mental health** is how you think and feel about things, and how you behave and communicate with other people.

It is also about how you cope if you are stressed or have problems.



More than 9 people out of every 10 people living in Angus say they can look after their health well.

## What we want to do



We want people in Angus to have the best services possible.

We want them to enjoy their health as much as possible.

This is our **vision**.



We are:

- caring
- kind
- honest
- respectful





We put each person at the centre of decisions about them.

These are our **values**.

## Our challenges



**Challenges** mean the things that might be difficult to do.



We know that the number of people who will need care and support will keep growing.

This means that more people will need our services.



We need to make sure that people get the right support and services.



We are not getting any extra money to pay for health and social care.

This means we need to make changes to how we support more people at home or as close to home as possible.



We need to help more people to manage their own health conditions where possible.



Some people who have poorer health may live shorter lives, for example people living in poorer areas.

This is called **health inequality** and we need to fix this.

## What we will work on



We have 4 important things that we will work on to help people to live better, healthier and happy lives.

These are called our **priorities**.

## Priority 1 – Prevention and Proactive care

In this document **prevention and proactive care** means:



- the things everyone can do to stay healthy
- the changes people can make to stop some health problems getting worse too quickly



These are the things we will do:



- help people to look after their own health in a way they can manage



- make more chances for people to get involved in their local community



- help people to get the right advice and support at the right time



- make the most of medicines

## Priority 2 – Care closer to home



These are the things we will do:



- give care closer to people's home whenever we can



- work with other organisations to give the right care in the right place at the right time



- support unpaid carers and help them to have their own full life as well as their caring role

### Priority 3 – Mental health, wellbeing and recovering from substance use



Our **wellbeing** means how comfortable, happy and healthy we feel.



**Recovering from substance use** means:

- understanding that too much alcohol, illegal drugs or medication can harm us
- taking steps to lead a healthier life with less of these things



These are the things we will do:



- help people to know what to do to keep themselves mentally well



- support people to get well or manage their condition



- have really good and safe drug and alcohol treatment across Angus

## Priority 4 – Access to care and treatment, and public protection



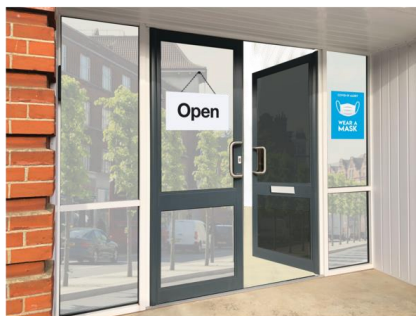
**Access to care and treatment** means how easily people in Angus can get their health care and social care.



**Public protection** means keeping everyone safe.



These are the things we will do:



- make sure care and treatment is easy to access





- make sure everyone is treated equally



- work with services to support people's housing needs and have less people without a safe place to sleep



- make sure people feel safe in their community

## 5 things that will help us



We have 5 other things that will help us to deliver the best services that we can.

### 1. Our staff



Our employees work hard to give the best services to people in Angus.



These are the things we will do:



- make sure we care for and train our staff to help them forward in their careers



- find more staff



- celebrate that Angus Health and Social Care Partnership is a great place to work



- help our staff to look after their mental health and wellbeing

## 2. Money



Health and Social Care services are responsible for making the best use of the money they have.

These are called **budgets**.



Our budget shows the amount of money we have and the things that we need to buy.

It also shows us where we need to make savings on spending.



These are the things we will do:



- make sure our care is **sustainable**

**Sustainable** means that something will be able to carry on.



- use things like our money and our staff in a way that gives value for money



- tell you if there are things we cannot do

### 3. Working with other organisations



Working with other organisations is also called **collaborative commissioning**.



These are the things we will do:



- work with other organisations and people to try new ways to give support

## 4. Communication



In this document, **communication** means the ways we listen to and ask for everyone's thoughts and experiences.



These are the things we will do:



- encourage people who get our services and their carers to tell us:
  - about their experiences
  - what they think about their services



- make sure that people are involved in plans made about them



- listen to what health and social care staff tell us

## 5. Our systems



In this document **our systems** mean things like:

- facts and numbers about our work
- our computer systems
- our digital tools



These are the things we will do:



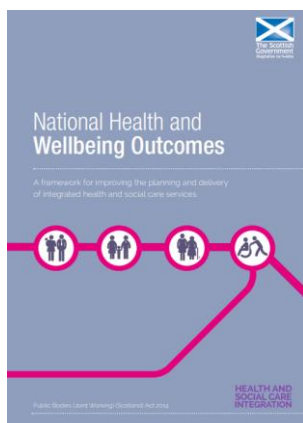
- ask our teams and service to look at the ways they work to make sure they are giving the best service possible



- give services in different ways to use the best parts of technology and digital services



## How we will check to see how we are doing



We will check how we are doing.

We will use a document called the National Health and Wellbeing Outcomes for Health and Social Care.

## More information



This plan tells you some of the things that we will be working on.

There will be lots more work going on over the next few years.



We will let people know how things are going.



If you want to see the full version of this Angus Strategic Commissioning Plan you can click on [this blue link](#) to open the full document.

Photos from PhotoSymbols and Canva and the Scottish Government